



What participants liked about our event.....

I liked the family atmosphere. It was my first duathlon, so it was laid back enough that it made me want to come back

The course was great and easy to follow

It started on time and the course was fun

Kids Mini Du

Very Friendly

Open space, fun energetic people, not too stressful at the start of the race, good trails

Support staff attitudes

Location and size

Perfect challenging distances

Great for the first time competitor

All competitors were good sportsman with positive attitudes

The wide range of people's abilities, I like that there were beginners and more experienced participants. There was no pressure to be competitive; also the course was very well marked.

